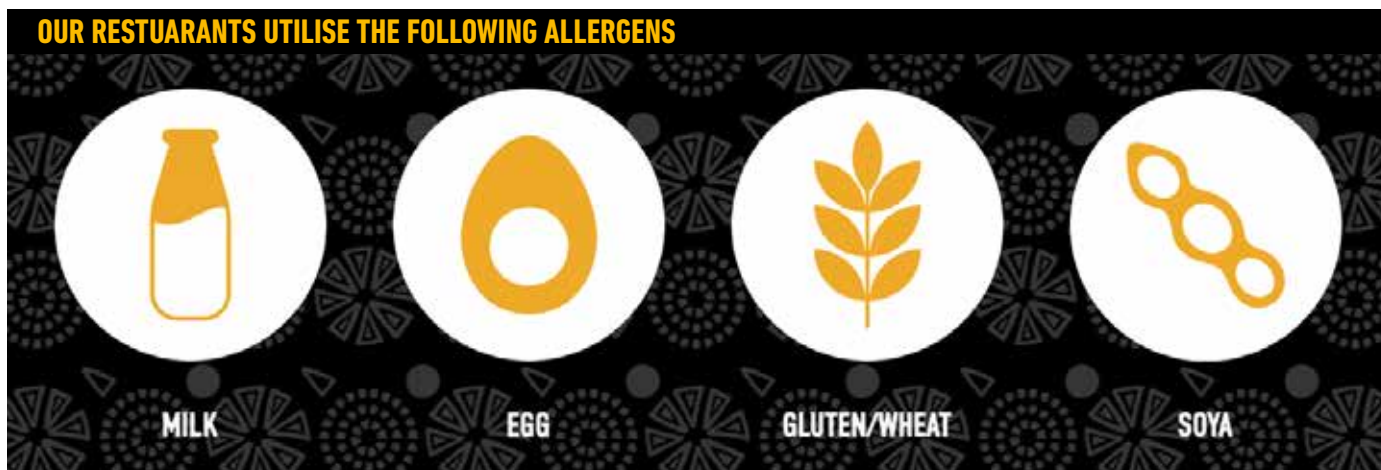


ALLERGEN GUIDE

RINGA NATHI! LET'S TALK ABOUT ALLERGENS

All our meals are freshly prepared and with the utmost care, but we cannot guarantee that they are completely free of allergens. This is because in our kitchen, we share equipment and use different ingredients from various suppliers.



GENERAL MENU

Menu Item	Gluten/Wheat	Cow's Milk	Soya	Egg
CHEEZY RANGE				
Cheezy Jalapeño	x	x		
Cheezy Beef & Onion	x	x	x	x
Cheezy Chicken & Mushroom	x	x		
MEAT				
Creamy Spinach & Bacon/Macon	x	x		
BBQ Bacon/Macon	x	x	x	
Club	x	x	x	
Something Meaty	x	x	x	
Mexican Fiesta	x	x		
Hawaiian	x	x		
CHICKEN				
Debonairs Chicken	x	x	x	
Tikka Chicken	x	x		
Chicken & Mushroom	x	x	x	
Sweet Chilli Chicken	x	x		
BBQ Chicken	x	x		
Sweet & Sour Chicken	x	x		
VEGETARIAN				
4 Cheese	x	x		
Original Veggie	x	x		
Margherita	x	x		
Creamy Veg	x	x		
Creamy Spinach & Feta	x	x		

GENERAL MENU

Menu Item	Gluten/Wheat	Cow's Milk	Soya	Egg
SPECIALTY				
Meaty Triple-Decker®	x	x	x	
Sweet Chilli Chicken Triple-Decker®	x	x		
Creamy Chicken Triple-Decker®	x	x	x	
Meaty Crammed-Crust®	x	x	x	x
Chicken Crammed-Crust®	x	x	x	x
Veggie Triple- Decker	x	x	x	x
Meaty Triple-Decker® Topped	x	x	x	
Chicken Triple-Decker® Topped	x	x	x	x
REAL DEAL				
BBQ Beef	x	x	x	
BBQ Chicken	x	x		
ON THE DOUBLE® / ON THE TRIPLE®				
BBQ Bacon/Macon	x	x	x	
Debonairs Chicken	x	x	x	x
Pepperoni/Salami & Olive	x	x		
Spicy Chicken	x	x		
Sweet & Sour Rib	x	x	x	
Creamy Tikka Veg	x	x		

SIDES

Menu Item	Gluten/Wheat	Cow's Milk	Soya	Egg
Death By Chocolate	x	x	x	x
Potato Shotz	x	x	x	
Cocktail Pork Cheese Grillers	x	x	x	
Cocktail Chicken Cheese Grillers (Halaal)		x	x	